

**ABSTRACT OF THE DISCLOSURE**

Absorbent articles, such as diapers, incontinence products, training pants, sanitary napkins, and the like, providing unexpectedly superior absorbency and methods of preparing the absorbent articles are disclosed. The absorbent articles comprise an absorbent core comprising a  
5 superabsorbent polymer having a Gel Integrity Index (GII) of less than about 500 kg mm.

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